

Claims:

1. A composition for treating osteoporosis comprising *Cordyceps Sinensis* or the processed product of *Cordyceps Sinensis* as the effective ingredient.
2. The composition according to Claim 1, wherein the treatment of osteoporosis is made by suppressing the decrease of spongy bone density.
3. The composition according to Claim 1, wherein *Cordyceps Sinensis* is the mycelium of *Cordyceps Sinensis*.
4. The composition according to Claim 1, wherein the processed product of *Cordyceps Sinensis* is water or organic solvent extract of mycelium of *Cordyceps Sinensis*.
5. The composition according to Claim 4, wherein the processed product of *Cordyceps Sinensis* is water extract of mycelium of *Cordyceps Sinensis*.
6. The composition according to Claim 4, wherein the processed product of *Cordyceps Sinensis* is organic solvent extract of mycelium of *Cordyceps Sinensis*.
7. The composition according to Claim 6, wherein the organic solvent is alcohol, ester, alkane or halogenated alkane.
8. The composition according to Claim 7, wherein the alcohol is methanol or ethanol.
9. A composition for preventing the formation of osteoclasts comprising *Cordyceps Sinensis* or the processed product of *Cordyceps Sinensis* as the effective ingredient.
10. The composition according to Claim 9, wherein *Cordyceps Sinensis* is the mycelium of *Cordyceps Sinensis*.
11. The composition according to Claim 9, wherein the processed product of *Cordyceps Sinensis* is water or organic solvent extract of mycelium of *Cordyceps Sinensis*.
12. The composition according to Claim 11, wherein the processed product of *Cordyceps Sinensis* is water extract of mycelium of *Cordyceps Sinensis*.

13. The composition according to Claim 11, wherein the processed product of *Cordyceps Sinensis* is organic solvent extract of mycelium of *Cordyceps Sinensis*.
14. The composition according to Claim 13, wherein the organic solvent is alcohol, ester, alkane or halogenated alkane.
15. The composition according to Claim 14, wherein the alcohol is methanol or ethanol.
16. A composition for suppressing the decrease of spongy bone density comprising *Cordyceps Sinensis* or the processed product of *Cordyceps Sinensis* as the effective ingredient.
17. The composition according to Claim 16, wherein *Cordyceps Sinensis* is the mycelium of *Cordyceps Sinensis*.
18. The composition according to Claim 16, wherein the processed product of *Cordyceps Sinensis* is water or organic solvent extract of mycelium of *Cordyceps Sinensis*.
19. The composition according to Claim 18, wherein the organic solvent is alcohol, ester, alkane or halogenated alkane.
20. The composition according to Claim 19, wherein the alcohol is methanol or ethanol.